

**Franklin Academy**  
**Lady Patriots**  
**Soccer**  
**Spring 2017**



Dear players and parents of Franklin Academy's Lady Patriots Soccer Team,

Welcome to the 2017 season! As your coaches, we couldn't be more excited about what is in store for you this upcoming season. With talented returning players and new prospective players, we're very confident in the team we will be working with as we continue to build the Franklin Academy's Women's Soccer team.

In order to do this, much will be expected of you. You will be expected to come to practice every day focused and ready to work. By doing this, you will not only excel individually, but as a team as well. Such expectations are not limited to athletics. You will be expected to remain in good academic standing by communicating with your instructors and completing your coursework, even when we have away games. Both on the field and in the classroom, you will be expected to handle yourself in a way that positively represents yourself, your school, and your team. Lastly, an atmosphere of mutual respect for your teammates and coaches is crucial to ensure personal and team success. Treat your teammates and coaches the way you would like to be treated. Any form of disrespect—verbal, physical, emotional—will only harm the team. I have no doubt that this team has the potential to make great things happen.

We hope you're excited to be a part of Franklin Academy's Ladies' Soccer program. It is our goal to continue on the way of excellence paved by previous teams and coaches. 2015 was a strong season and we look forward to building upon this foundation and have no doubt that this team possesses the skill, passion, and leadership required to succeed!

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Coach

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Coach

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## **Women's Soccer Mission Statement:**

Franklin Academy High School Women's Varsity Soccer Team exists to foster and cultivate healthy rigorous physical, emotional and mental growth through participation in practices, competition and education.

## **Objectives:**

- Student-athletes will **physically** participate in soccer skill training and practices
- Student-athletes will **enhance** their overall *knowledge* of the principles, practices and philosophies of playing soccer
- Student-athletes will **embody** *virtuous* and *character* principles on and off the field.
- Student-athletes will **practice** disciplines of *healthy* living

## **Student-Athlete Expectations and Procedures:**

### **1. Prepared-Attendance**

-All Student-athletes will be expected to arrive to practices/games **with proper equipment** (water bottle, jerseys, socks, cleats, etc.). All Student-athletes will be expected to **be present** for team-activities (practices and games).

### **2. Assiduous Player**

-All Student-athletes will be expected to exhibit **strong work** ethic on and off the field.

### **3. Servant-Leader**

-All Student-athletes will be expected to work for the service of the team's good while having a healthy-**respect** for: himself, other students, faculty, coaches, administration and game officials.

-All Student-athletes will be expected to exhibit leadership qualities on and off the field: being an advocate for high character to his peers.

### **4. Student-Learner**

-All-student-athletes will be expected to be students first in the academic classroom and then student's of soccer out of the academic classroom.

## **Athletic Eligibility**

-Grades are checked twice a quarter – at the Progress Report and at the end of each quarter. I will be conducting additional grade checks 2 weeks prior to each official check.

-Once selected for a team, athletes must submit a \$75 participation fee. This fee is good for the entire year, regardless of the number of sports one participates in. It must be paid by the first contest of the sport of participation.

- All student-athletes involved in the athletic program must be in attendance at school for at least 4 hours in order to participate in a game or practice scheduled for that day. **If a student-athlete goes home at any point during the day because of illness, injury, or disciplinary infraction, they will not be permitted to participate in team sports that day.** Students choosing not to attend field trips or attending any other educational function (i.e. Take Your Child To Work Day) will be required to come to school unless prior approval is given by the Athletic Director.
- If an athlete fails to maintain a C (70) average overall (when averaging all their class grades together), at the time of **Progress Reports and Report Cards**, that athlete is placed on probation and is ineligible to participate in athletics.
- If an athlete has received a failing grade (59 or below) in any class on their progress report or report card, they will be placed on probation. This includes electives (i.e. PE/Health/Technology, Personal Fitness).

- Ineligible athletes are not permitted to practice with the team, participate in games, dress-out, or sit on the team bench. Students who are ineligible to play may return to the team at the next reporting period if they become eligible.

### **Communication Policies:**

- Student-Athletes will receive emails from the Staff in regard to practices, games, attire, equipment, etc.
- Student-athletes should communicate to coaches via email about anticipated absences or tardiness to practices/games.
- Parents and Coaches will communicate via email about questions/concerns about student success.
- Coaches will not discuss playing time with parents.
- Student-athletes will be responsible for making proper accommodations for away games, according to the Franklin Academy Policies

### **Needed Equipment:**

1. Soccer Cleats
2. At least **ONE** pair of **WHITE** soccer socks for games
3. At least **ONE** pair of **BLUE** soccer socks for games
4. Shin-guards

### **Game Day Dress**

HS Female Athletes – dress pants (no denim or stretch fabrics of any kind), dress shirt (no low cut, see-through, or spaghetti straps) tucked in, blazer or sweater and dress shoes (heels must not be higher than one inch, no sandals).

### **How to be an Outstanding Parent**

The best way to support your athlete is to provide encouragement and to be positive, both at home and in the stands. If there is a problem, have your child talk to his/her coach. If the problem is not resolved, or if it is of a serious nature, then the parent should personally contact the coach. If no solution can be reached at that point, call the athletic director to set up a meeting with all parties involved. It is very important that you model problem solving with a positive attitude. As coaches, we are not allowed to discuss your player's playing time with you. If your player feels there is an issue, it is their responsibility to talk to the coaches to see what improvements can be made in order to increase their time on the field.

## **Season Information**

### **Practice**

Practices are **MANDATORY**. Since we share the field with the middle school team, **we will start practice at 4:45 and will end at 6:00 Monday through Friday**. This will give us time to warm up before taking the field after the middle school finishes their practice.

Practices are required, however, if you are unable to make it, please let a coach know in advance. Come to practice dressed appropriately with proper gear (cleats, running shoes, shin guards, socks, knee/ ankle braces if needed, etc.)

I will remain at school and open my room as a **study hall** for those who need a place to be after all call. In the past this had been treated more like a social hour. This year, this time will be used to get ready for practice, and to get homework done.

Those staying in my room will be allowed to change but then must stay in my room. **Study hall will be MANDATORY for the first month of practice. We will use this time to bond as a team, tutor, and make sure grades remain eligible for play.**

**3/14, 4/20, 4/25, 4/27, and 5/2** are all conflicts with the middle school games. Please pay close attention to changes in practice time/ place these days.

### **Important Dates/ Events**

#### **March 17-18**

This year, we are excited to be included in the East vs. West tournament. This will have us playing teams such as Gray Stone Day and Community School of Davidson. We will be leaving from school on Friday, March 17 and spending the night somewhere in the Concord area (all games will be played at Gray Stone Day). We are still getting information about this event and we will get you all of the details as soon as we get them!

#### **March 19-26**

“Dead Week”- We have purposely scheduled no games during this time. Please consider taking trips and vacations at this time as games and practices will pick back up on March 27<sup>th</sup>.

**April 5<sup>th</sup>** Raleigh Charter vs. Woods (at WakeMed Soccer Park) 4:30pm

#### **April 7<sup>th</sup>**

Currently, this is our only make up Snow Day. This is also the day we play Woods Charter- VERY important match. In order to be eligible to play in this match, players must attend the full day of school.

**May 13-** Prom/ Round 2 of Playoffs

#### **May 19-20**

Senior Trip- I believe it is important that the senior class enjoys this weekend together. This is far away, but falls on the same weekend as Round 4 of Playoffs. I am helping plan this activity and will do whatever is necessary to get the players back in time for the game.

**Games:** Available online at [FranklinAcademyPatriots.org](http://FranklinAcademyPatriots.org)

Updates/ changes due to weather will be posted immediately to this site, and e-mails from the coach will be sent

**Players must be at games at least 45 minutes prior to the scheduled start time.**

## 2017 Game Schedule

<b>Date</b>	<b>Time</b>	<b>Place</b>
2/24/2017	G1- 4:00pm G2- 4:50pm G3- 8:20pm	<b>Heritage Jamboree</b> G1- Field 3 (Corinth Holders) G2- Field 3 (NRCA) G3- Stadium Field (Heritage)
3/03/17	4:00pm	NC School of Science and Math <b>(H)</b>
03/06/2017	4:00pm	Voyager <b>(H)</b>
3/10/2017	4:30pm	East Wake Academy Bailey-Middlesex Park 8104 Stony Church Hill Rd. Bailey, NC
3/11/2017	4:00pm Field 4	Brittany Willis Showcase J. Burt Gillette Athletic Complex 3238 Corbett Ave. Wilson, NC
3/13/2017	6:00pm	Roxboro Community HS 115 Lake Dr. Roxboro 27573
3/15/2017	6:00pm	Voyager Academy <b>(Away)</b> Northern, 117 Milton Rd. Durham
3/17/2017 3/18/2017 <b>(Overnight Trip)</b>	5:00pm 3:30pm	East vs. West Games Gray Stone Day Community School of Davidson At Cawtaba College
3/29/2017	4:30pm	Research Triangle HS WakeMed Soccer Park 201 Soccer Park Dr. Cary 27511
4/03/2017	5:00pm	Kestrel Heights <b>(H)</b>
4/07/2017	5:15pm	Woods Charter Briar Chapel Park 1015 Andrews Store Rd, Pittsboro
4/13/2017	5:00pm	Carrboro HS <b>(H)</b>
4/17/2017	5:30pm	Woods Charter <b>(H)</b>
4/21/2017	4:30pm	Raleigh Charter WakeMed Soccer Park 201 Soccer Park Dr. Cary 27511
4/24/2017	5:30pm	East Wake Academy <b>(H)</b>
4/26/2017	5:30pm	Raleigh Charter <b>(H)</b>
4/28/2016	5:30pm	Roxboro Community HS <b>(H)</b>
5/01/2017	5:45pm	Research Triangle <b>(H)</b>
5/03/2017	5:30pm	Kestrel Heights NCCU Soccer Field 1801 Fayetteville Street Durham, NC 27701
5/10/2017	TBA	Playoffs: Round 1
5/13/2017	TBA	Playoffs: Round 2
5/17/2017	TBA	Playoffs: Round 3
5/20/2017	TBA	Playoffs: Round 4
5/23/2017	TBA	Playoffs: Regionals
5/27/2017	TBA	State Championship

**Contact Information**

Player Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Parents Names: \_\_\_\_\_ Phone Number: \_\_\_\_\_

E-mail contact for Parents: \_\_\_\_\_

How would you like to be contacted? \_\_\_\_\_

**Player Contract:**

I, \_\_\_\_\_, attest that I have read the above-mentioned requirements of the Franklin Academy High School Women's Soccer Team. I acknowledge that I have the responsibility to fulfill these duties to the best of my ability.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parent Contract**

I, \_\_\_\_\_, attest that I have read the above-mentioned requirements of the Women's Soccer Team. I have the responsibility of supporting my athlete and helping them to achieve all that is expected of them.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_